

Wellbeing Award for Schools

Special Schools





Wellbeing

Wellbeing is the experience of health, happiness, and prosperity. It includes having good mental health, high life satisfaction, a sense of meaning or purpose, and ability to manage stress. More generally, wellbeing is just feeling well.

Why is this so important for us?

Social media makes young people today more vulnerable to wellbeing issues than previously.

- Evidence shows us that wellbeing is highly **important** to learning and **attainment**, high levels of wellbeing are associated with improved academic outcomes.
- Pupils who have mental health problems are more likely to have **academic difficulties** at school and experience social disadvantage later in adult life.
- **Evidence tells us that the incidence of mental ill-health is higher in children and young people with a special educational need or disability (SEND) and tends to be recognised later.**
- Young people with SEND also gain **less access** to effective interventions as they become **young adults**.
- Some of our pupils face very **challenging** home lives.



What do we already do?

Ofsted 2020

- Pupils flourish at this highly supportive school.
- Mutual trust and respect underpin the calm atmosphere here.
- Pupils achieve exceptionally well. They become polite, well-behaved and considerate young citizens.
- They have excellent opportunities to learn about British values, especially during ‘pupil voice’ sessions.
- Pupils feel very safe in this close-knit community.
- They are prepared thoroughly to keep themselves safe.
- Pupils told us that any kind of bullying ‘is sorted out straight away’.
- They are very confident that staff will support them in dealing with worries.

What do we already do?

Ofsted 2020

Our approach to learning is one that is flexible and fluid in line with the emotional needs of our pupils.

- Pupils' social and emotional needs are met very well.
- Staff are always on hand to listen to concerns and resolve any difficulties.
- Pupils are knowledgeable about health and safety.
- Leaders and teachers have very high expectations for pupils' academic and personal development.
- Pupils are prepared very well for the next stage of their education and later life.
- Pupils benefit from a wide range of experiences outside of lessons. These opportunities strengthen pupils' cultural awareness and tolerance exceptionally well.

What is the Wellbeing Award for Schools?

Introduction

- Developed in partnership with the National Children's Bureau (NCB).
- Intended to help schools prepare and equip themselves to promote emotional wellbeing and positive mental health across the **whole-school community**.

What is the Wellbeing Award for Schools?

Introduction

- WAS-SP requires a ‘whole-school approach’ where all aspects of the school experience are used to promote the emotional wellbeing and mental health of pupils and staff. **It is an approach where emotional wellbeing and mental health is everybody’s business.**

What is the Wellbeing Award for Schools?

Introduction

- The Wellbeing Award for Schools **recognises** the **exceptional** work that schools do in this area.
- Encourages schools to adopt an approach that puts **emotional wellbeing and mental health** at the **heart** of what they do.



Working Together

The journey to achieving the Wellbeing Award for Schools is a process that involves the whole school community.

We have always enjoyed positives and supportive relationships with our parents and carers, which has been vital in ensuring success for our pupils.

We look forward to continuing to work closely with parents on what we do well and develop many more practices that will enhance the emotional wellbeing of our pupils, staff and parents .